

We would like to thank the following for their kind support of our event:



Sportpark Loherhof



St. Elisabeth Op.

Volksbank Heinsberg



*Kleiderkammer
Geilenkirchen*



**Allgemeiner Turnverein (ATV)
1927 Geilenkirchen e.V.**

Invitation and announcement

19th Geilenkirchen Cross Country Run

**08. November 2024
in the Teveren Heide**



Cross Country Info

Registration:	until 31 October 2025: Email: crosslauf@atvgeilenkirchen.de Online: www.atvgeilenkirchen.de Post: ATV Geilenkirchen Postfach 1310 52503 Geilenkirchen
Late registration:	up to 45 minutes before each competition possible for an additional fee of € 1.00
Fee:	1050 m € 2,50 2300 m € 2,50 4600 m € 4,00 9200 m € 6,00
Start and place:	12.30 p.m. Start and finish is at the car park in Grotenrath (Teverener Heide)
How to reach us:	From Aldenhoven: B56 to the Geilenkirchen/Teveren/ Nato Air Base exit. From Heinsberg: B221 to exit Geilenkirchen/Teveren/ Nato Air Base, from there follow the orange signs
Awards:	Each participant who reaches the finish line will receive a certificate. Non-cash prizes will be awarded according to the organizer.
Hints:	Reference is made to the "German Athletics Regulations (DLO) of the German Athletics Association (DLV)".

We wish all participant's good luck

Competitions and Schedule

Start	Classes	Vintage	Stretch	Hints
12.30 12.45 13.00	M/F U10 M/F U8 M9/M8 F9/F8 M7/M6 F7/F6 Children	2016 - 2017 2016 - 2017 2018 - 2019 2018 - 2019 2020 and younger	approx. 1,050 m	1 small round
13.15	M/F U12 M11/M10 F11/F10	2014 - 2015 2014 - 2015	approx. 1,050 m	1 small round
13.30	M/F U14 M/F U16 M13/M12 M15/M14 F13/F12 F15/ F14	2012 - 2013 2010 - 2011 2012 - 2013 2010 - 2011	approx. 2,300 m	1 large round
14.00	M/F U18 M/F U20 M/F U23 M/F FJ U18 FJ U20 MJ U18 MJ U20 M U23 In U23 M F Seniors(M) Seniors(F)	2008 - 2009 2006 - 2007 2008 - 2009 2006 - 2007 2003 - 2005 2003 - 2005 1996 - 2005 1996 - 2005 1995 and older 1995 and older	approx. 4,600 m	2 large rounds
14.30	M/F U23 M/F M U23 In U23 M F Seniors(M) Seniors(F)	2003 - 2005 2003 - 2005 1996 - 2005 1996 - 2005 1995 and older 1995 and older	approx. 9,200 m	4 large rounds