

*We would like to thank the following for their kind support of our event:*



*Sportpark Loherhof*



*St. Elisabeth Op.*

*Volksbank Heinsberg*



*Kleiderkammer  
Geilenkirchen*



**Allgemeiner Turnverein (ATV)  
1927 Geilenkirchen e.V.**

**Invitation and announcement**

## **18th Geilenkirchen Cross Country Run**

**09. November 2024  
in the Teveren Heide**



## Cross Country Info

<b>Registration:</b>	until 30 October 2024: Email: <a href="mailto:crosslauf@atvgeilenkirchen.de">crosslauf@atvgeilenkirchen.de</a> Online: <a href="http://www.atvgeilenkirchen.de">www.atvgeilenkirchen.de</a> Post: ATV Geilenkirchen Postfach 1310 52503 Geilenkirchen
<b>Late registrations:</b>	up to 45 minutes before each competition possible for an additional fee of € 1.00
<b>Fee:</b>	1050 m € 2,50 2300 m € 2,50 4600 m € 4,00 9200 m € 6,00
<b>Start and place:</b>	12.30 p.m. Start and finish is at the car park in Grotenrath (Teverener Heide)
<b>How to reach us:</b>	From Aldenhoven: B56 to the Geilenkirchen/Teveren/ Nato Air Base exit. From Heinsberg: B221 to exit Geilenkirchen/Teveren/ Nato Air Base, from there follow the orange signs
<b>Awards:</b>	Each participant who reaches the finish line will receive a certificate. Non-cash prizes will be awarded according to the organizer.
<b>Hints:</b>	Reference is made to the "German Athletics Regulations (DLO) of the German Athletics Association (DLV)".

**We wish all participants good luck**

## Competitions and Schedule

Start	Classes	Vintage	Stretch	Hints
12.30 12.45 13.00	M/F U10 M/F U8 M9/M8 F9/F8 M7/M6 F7/F6 Children	2015 - 2016 2015 - 2016 2017 - 2018 2017 - 2018 2019 and younger	approx. 1,050 m	1 small round
13.15	M/F U12 M11/M10 F11/F10	2013 - 2014 2013 - 2014	approx. 1,050 m	1 small round
13.30	M/F U14 M/F U16 M13/M12 M15/M14 F13/F12 F15/ F14	2011 - 2012 2009 - 2010 2011 - 2012 2009 - 2010	approx. 2,300 m	1 large round
14.00	M/F U18 M/F U20 M/F U23 M/F FJ U18 FJ U20 MJ U18 MJ U20 M U23 In U23 M F Seniors(M) Seniors(F)	2007 - 2008 2005 - 2006 2007 - 2008 2005 - 2006 2002 - 2004 2002 - 2004 1995 - 2001 1995 - 2001 1994 and older 1994 and older	approx. 4,600 m	2 big rounds
14.30	M/F U23 M/F M U23 In U23 M F Seniors(M) Seniors(F)	2002 - 2004 2002 - 2004 1995 - 2001 1995 - 2001 1994 and older 1994 and older	approx. 9,200 m	4 big rounds